

— Clay Shaw



North Palm Beach County American Red Cross
561-622-8003

For seniors who are infirmed, have escalated medical needs, live alone or are simply concerned about what could happen as a result of a disaster and want the comfort of knowing someone will be checking up on them, Ruth Rales Jewish Family service has created a Hurricane Emergency Care Contact. Call 561-558-2137 for information or to register.

Is your family prepared for this year's hurricane season?



Save this map to track 2006 hurricanes.

 Cut along dotted line



Congress of the United States
House of Representatives
Washington, DC 20515
Official Business

Ray Shaw
M.C.
PRSRT STD

Hurricane Preparedness Checklist

Being prepared for the next hurricane can save your life. This check list can help you and your family prepare for this hurricane season.



An Important Message from Congressman Clay Shaw

Dear Friend,

The 2006 Hurricane Season has already begun, and it is up to every one of us living in South Florida to be ready when a storm hits us again.

Hurricanes Frances, Jeanne, Wilma and Katrina showed us that too many Florida residents are not as prepared as we should be. That's why I have included an important **Hurricane Preparedness Check List, hurricane tracking map and emergency phone contact information** for you and your families.

This information can save lives. I hope you take the time to go over it with your families and prepare in case a hurricane strikes our communities again.

If you would like more information on hurricane preparedness please contact one of my offices listed in this brochure.

Sincerely,

Congressman Clay Shaw

P.S. As our area continues to recover from last year's storms, we have helped secure nearly \$200 million in FEMA reimbursements for South Florida communities for relief efforts such as debris removal, new traffic signals and emergency services. But the government can only do so much, it is up to every one of us to take the necessary steps to keep our families safe when the next storm hits.



Congressman Clay Shaw with fellow legislators at a press conference on hurricane preparation.

Food and Drink

- ☐ Drinking Water: 1 gallon per person per day
- ☐ Non-potable water for hygienic use only (can be stored in bathtub)
- ☐ Propane gas for barbecue grill
- ☐ 2 coolers for food and ice
- ☐ Manual can opener

Two weeks' supply of the following:

- ☐ Non-perishable foods
- ☐ Plastic tableware and cups
- ☐ Plastic wrap and plastic trash bags
- ☐ Toilet paper and paper towels
- ☐ Wet wipes
- ☐ Fuel for folding stoves
- ☐ Infant necessities

Health and Safety

- ☐ One flashlight and batteries per person
- ☐ Liquid soap and hand sanitizer
- ☐ Water purification kit or bleach
- ☐ 2-week supply of prescription drugs
- ☐ Fire extinguisher

Miscellaneous

- ☐ Cleanup supplies: mop, buckets, towels, disinfectant, bleach, camera/camcorder to record property before storm & document damage afterwards
- ☐ Extra batteries
- ☐ Full gas tank
- ☐ Appropriate clothes for post-storm: hat, closed-toe shoes, dry socks, rain gear
- ☐ If you have a pet, make sure their food and water are stocked

If you evacuate

- ☐ Pillows, blankets & sleeping bags or air mattresses: shelters do not provide these
- ☐ Folding chairs or cots
- ☐ Extra clothing and shoes
- ☐ Personal hygiene items: toothbrush, washcloth, deodorant
- ☐ Food, water and ice
- ☐ Prescription medications in original containers
- ☐ Books
- ☐ Handheld games
- ☐ Toys
- ☐ Cash

Contact Congressman Clay Shaw

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Fax: 202-225-8398

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Fort Lauderdale, FL 33301
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Fax 954-768-0511

West Palm Beach
222 Lakeview Avenue, Suite 225
West Palm Beach, FL 33401
561-832-3007
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